



International Conference on Social Pediatrics and Children's Rights

17th STATE of the ART Adolescent Health/Medicine Congress (Joint event)

October 10-12 th 2024

National and Kapodistrian University of Athens (N.K.U.A.)
Panepistimiou 30, Athens, Greece

Organised by the:



in collaboration with



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International Conference on Social Pediatrics and Children's Rights



ΕΛΛΗΝΙΚΗ ΔΗΜΟΚΡΑΤΙΑ
ΥΠΟΥΡΓΕΙΟ ΥΓΕΙΑΣ



ΕΛΛΗΝΙΚΟΣ ΕΡΥΘΡΟΣ ΣΤΑΥΡΟΣ



ΙΑΤΡΙΚΟΣ ΣΥΛΛΟΓΟΣ ΑΘΗΝΩΝ



ΕΛΛΗΝΙΚΗ ΨΥΧΙΑΤΡΙΚΗ ΕΤΑΙΡΕΙΑ



ΕΛΛΗΝΙΚΗ ΕΤΑΙΡΕΙΑ
ΠΑΙΔΙΚΗΣ ΚΑΙ ΕΦΗΒΙΚΗΣ
ΓΥΝΑΙΚΟΛΟΓΙΑΣ



October 10-12 th 2024, NKUA, Athens, Greece

Invitation

Dear Colleagues,

The joint **International Conference on Social Pediatrics and Children's Rights and 17th STATE OF THE ART Adolescent Medicine/Health Congress** will take place in Athens on October 10-12th, 2024. This important convening of the **International Society for Social Pediatrics and Child Health (ISSOP)** and the **Greek/Hellenic Society for Adolescent Medicine (GSAM)** will focus on the growing and sometimes existential challenges youth are confronting globally—in low, medium and high-income countries.

Knowledge and experience of colleagues from around the world dealing with the physical and psychosocial aspects of the burdens and co-morbidities impacting young people will be addressed with strategies generated to launch collaborative international and interdisciplinary responses. We will also update knowledge on important adolescent medical and health issues, including nutrition, vaccination, skin conditions, contraception, sports medicine, and ID.

The conference will engage colleagues from around the world in workshops, plenaries, oral and poster sessions, and in strategic planning sessions to sustain the collaborative work of the conference participants. Youth participation will inform and enrich all aspects of the conference, and provide credibility and validity for our joint endeavors into the future.

The venue of Athens as a city of memorable beauty with a deep history of healing from the roots of humanity has a symbolism that will infuse this convening. The ORIGAMI CRANE is a symbol that calls for solidarity in our global pursuit for hope and a better life for all-- through the myth a Japanese girl, Sadako.

Our social program will establish space to engage personally to establish a foundation of collegueship to sustain our ongoing work and friendships. We hope you will also use your time in Athens to visit famous museums and monuments, and to explore nearby cultural destinations, such as Sounion, Delphi and Nafplion-Epidaurus, that will further enrich your experience.

We are looking forward to seeing you in Athens-Greece! Please come to share your knowledge and experience and your commitment and passion for the wellbeing of children and families, and to launch our future collaboration.

For those who are interested, we will offer the opportunity to visit a facility/camp housing migrant children. More information to follow.

On behalf of ISSOP and GSAM

Prof Jeffrey Goldhagen, USA, ISSOP President

As. Prof Artemis K. Tsitsika Greece, GSAM President

Scientific Committee

- Presidents:** J. Goldhagen U.S.A.,
A.Tsitsika Greece
- Co-Presidents:** S. Gander, Canada
N. Spencer, U.K.
D. Zafeiriou – Greece
- Secretaries Hon:** V. Baltag, WHO, Switzerland
D. Jourdan, UNESCO Chair GHE, France
- Secretaries Gen:** F. Craig, UK
R.Nathawad, U.S.A.
M. Wahba, Egypt
- Members:** J. Breda, Spain, W.H.O.
D.E. Greydanus, U.S.A.
E. Ntzani, Greece
S. Papadaku, Greece
M. Weber, W.H.O.
T. Yepoyan, UNESCO ITE

Local Organizing Committee

- | | | | |
|-----------------------|------------------------------------|-----------------|---|
| Presidents: | A. Margariti-Andrews
A.Tsitsika | Members: | V.Boumba
C. Daloukas
K. Kalianiotis
E. Kogiannaki
N. Kozeis
E. Panagouli
A. Thirios
E. Tzila |
| Co-Presidents: | R. Moraitaki-Pikrou
A. Passiou | | |
| Secretaries: | I. Patiniotis
T. Sergentanis | | |
| Treasurer: | E. Markaki | | |

Local Honorary Committee

- | | |
|-------------------|-------------------|
| N. Chaliasos | N. Stefanis |
| P. Lagiou | E. Tzima-Tsitsika |
| E. Mantadakis | S. Tsitoura |
| P. Papagelopoulos | I. Tountas |
| E. Petridou | M. Tsolia |
| T. Psaltopoulou | N. Vlahos |
| N. Skenteris | P. Vlamos |

Thursday, October 10th. 2024

Pre-conference workshops

Auditorium "Alkis Argyriadis" / Hall A

- 09.00-11.30 **Workshop 1**
Mental Health and Substance Abuse
Facilitators: L. Reali, S. Gander, M. Kyriakopoulos
Youth Council Participants
- 11.30-14.00 **Workshop 2**
Community Approaches to the Care of Adolescents
Facilitators: V. Baltag, D. Wood , S. Soto
Youth Council Participants
- 14.00-15.30 **Lunch Break**
- 15.30-17.00 **Workshop 3**
Addressing the Needs and Rights of Youth in State Care
Facilitators: A. Hjern, S. Logan, S. Tsitoura
Youth Council Participants
- 17.00 -19.30 **Workshop 4**
Transition from Pediatrics to Adult Services
Facilitators: R. Nathawad, T. Sergentanis, D. Wood
Youth Council Participants

Please check details about the workshops at the end of the program

Friday, October 11th, 2024

Auditorium "Alkis Argyriadis" / Hall A

- 09.00 -10.00 **Plenary Lecture 1**
Climate Change and Health
Chair: E. Petridou
Speaker: E. Weimann
Youth council participation

- 10.00 -10.30 **Coffee Break**

10.30 -12.30 **Symposium 1**

Alternate forms of Violence Against Youth

Chairs: N. Zafar, H. Moskoff

Climate change as a form of violence, C. Kraft

Forced Migration, S. Yildiz

Loss of Identity, R. Sacy

Street and Working Children, J. Einarsdóttir

12.30-13.00 **Lecture 1**

How Child Rights informs the Work of Child Health Professionals

Chairs: D. Jourdan, M. Wahba

Speaker: D. Koller

13.00-13.30 **Satelite Lecture MSD**  **MSD**

13.30-15.00 **Lunch Break**

15.00 -16.00 **Plenary Lecture 2**

Smoking, Vaping and Hookahs

Chairs: G. Siasos

Speaker: M. Weitzman

Youth council participation

16.00-18.00 **Symposium 2**

Hellenic Society for Social Pediatrics

Community Pediatrics as a catalyst for Achieving One Health

Chairs: D. Zafeiriou, N. Skenteris

Antimicrobial Resistance (AMR), T. Zaoutis

Children's Rights and Environmental Health, TBA

Healing Roots: Fostering child health resilience in a complex world,
E. Ntzanis

Endocrine Disruptors, D. Papadimitriou

18.00 -19.00 **Oral Presentations 1**

Presidents: M. Charakida, D. Maritsi

19.30-20.30 **Opening Ceremony**

University of Athens Building/Aula Ceremony Hall

20.30 **Welcome Reception - "Costis Palamas" Building**

Friday, October 11th, 2024

Auditorium "Ioannis Drakopoulos" / Hall B

- 10.30-11.30 **Oral Presentations 2**
Presidents: P. Christopoulos. L. Kossiva
- 11.30-12.00 **Satellite Lecture Pfizer** 
- 12.00-13.30 **Symposium 3**
Impact of Covid: What We Have Learned
Chair: P. Lagiou, N. Spencer
- Mental health impact*, D. Wood
School performance and difficulties, G. Gunnlaugsson
Early Child development, D Koller
Youth council participation
- 13.30-15.00 **Lunch Break**
- 16.00-17.00 **Round Table 1**
Youth mental health: prevention and innovation strategies
Chairs: D.E. Greydanus, A.Tsitsika
- Suicide in the Adolescent: A Preventable Tragedy*, D.E. Greydanus
Supporting youth mental health mental health through arts- based services, A. Passiou
- 17.00- 19.00 **Round Table 2**
The Digital World -Artificial Intelligence and post-modern stress
Chairs: M. Weitzman, T. Yepoyan
- Child Rights in the Digital World*, G. Lansdown
Artificial intelligence: A future for humanity, P. Vlamos
Post-modern stress, G. Yilmaz
Sexualization - Generation "Sephora", A. Tsitsika
- Comments:** C. Kraft
- Youth Council Participation*

Saturday, October 12th, 2024

Auditorium "Alkis Argyriadis" /Hall A

- 09.00-10.00 **Plenary Lecture 3**
The History and Future of Social Pediatrics
Chair: J. Goldhagen
Speaker: N. Spencer
- 10.00-10.30 **Coffee Break**
- 10.30-12.30 **Symposium 4**
Addressing Gender and Sexuality in Adolescents
Chairs: E. Hagnazarian, L. Markaki
Gender Incompatibility and the rights of LGBTQ youth, L. Reali
LGBTQ friendly services, S. Manetti
Glorious Sex Industry, N. Papageorgiou Karadima
(UNESCO youth council)
Youth Participation
- 12.30-13.30 **Round Table 3**
Hellenic Dietetic Association
Nutrition as a human right- Nutritional concerns of the youth
Chairs: A. Vlassopoulos, A. Passiou
Eating disorders and the perilous pursuit for «perfect» diets
C. Katsagoni
Stigma in society and healthcare- Learnings from weight stigma
E. Bathrellou
Nutrition for a sustainable future, A. Kolomvotsou
- 13.30-15.00 **Lunch Break**
- 13.30-14.00 **Poster Presentations 1**
Presidents : E. Panagouli, Ch. Koutsaftiki
- 15.00-16.00 **Plenary Lecture 4**
Protection of youth in low and middle income countries
Chair: A. Hjem
Speaker: N. Zafar
Youth council participation

16.00-17.30 **HACHATHON “SELMA” Youth Contest**
Theme: Empathy for people with disabilities
Coordinators: V Boumba, L. Christaki, A. Thirios
Comments: A. Margariti, R. Moraitaki Pikrou

17.30-19.00 **Convene Together for final Session**
Chairs: J. Goldhagen, A. Tsitsika
Next Steps: MoU (ISSOP and GSAM)

Award Ceremony

Closing Remarks

21.00 **GALA DINNER**

Saturday, October 12th, 2024

Auditorium “Ioannis Drakopoulos”/Hall B

- 10.30-12.00 **Symposium 5**
Climate Crisis and Environmental Health
Chairs: C. Kraft, J. Breda, E. Weimann
Climate Change and Migration, N. Elyasi
Climate Change and Mental Health, G. Ercan
Climate Change and Gender Inequality,
E. Haghazarian and A. Mallorga-Hernandez
Resilience and examples to address the root cause, I. Seeni
- 12.00-13.30 **Round Table 4**
Perinatal Medicine Society
Chairs: A. Charitou, G. Daskalakis
Breaking bad news to parents, P. Antsaklis
Gestational Diabetes in Refugee and Immigrant Women, P. Pappa
Low birth rate and ageing population in Greece, G. Daskalakis
- 13.30-15.00 **Lunch Break**
- 15.00-15.30 **Lecture 5**
Hellenic Society of Pediatric and Adolescent Gynecology
Chairs: G. Creatsas, A. Costa
Fertility preservation in adolescents (post menarche), N. Vlahos
- 15.30-16.00 **Lecture 6**
Chairs: S. Papadakou, Em. Tsalamanios

Optimizing Adolescent and Youth Mental Health Services for Gen Z in Greece: Challenges and Opportunities

I. Giannopoulou

Convene Together for Youth Contest HACHATHON "SELMA" and final Session (Hall A)

21.00

GALA DINNER

Satellite Lectures

Friday, October 11th, 2024

Auditorium "Alkis Argyriadis" / Hall A

13.00 -13.30

Satellite Lecture MSD



MSD

Prevention of HPV-related diseases in boys and girls through vaccination with the 9-valent HPV vaccine

Chair: T. Zaoutis

Speaker: A. Tsitsika

A

Panagiotis Antsaklis

Assistant Professor of Obstetrics-Gynecology, First Department of Obstetrics & Gynecology, National and Kapodistrian University of Athens, "Alexandra" General Hospital Athens, Greece

B

Valentina Baltag

Unit Head, Adolescent and Young Adult Health, Department of Maternal, Newborn, Child & Adolescent Health & Ageing, World Health Organization - Geneva, Switzerland

Eirini Bathrellou, PhD Laboratory Teaching & Research Staff "Harokopio" University of Athens

Vailiki Boumba

Clinical Psychologist, MSc, PhD Candidate School of Medicine, National and Kapodistrian University of Athens, Greece

João Breda

Head, Athens Office Quality of Care Special Adviser for the Regional Director Division of Country Health Policies & Systems, WHO Greece

C

Marietta Charakida

Assistant Professor in Paediatrics- Paediatric and Fetal Cardiology, Second Dpt of Pediatrics, National and Kapodistrian University of Athens, »P.&A. Kyriakou Children's Hospital, Athens-Greece

Antonia Charitou

Pediatrician- Neonatologist and Intensivist President of the Hellenic Society of Perinatal Medicine, Member of the Executive Board of UENPS (Union of European Perinatal and Neonatal Societies)

Christos Christodoulou

Lily Christaki

Psychologist, MSc "Strategies of Developmental and Adolescent Health" School of Medicine, National and Kapodistrian University of Athens, Greece

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Alberto Costa

CEO of the European School of Oncology, Scientific Advisor of the Breast Unit of the Italian speaking region of Switzerland, Clinical Director of the breast cancer center Multimedita

George K. Creatsas

MD, FACS, FRCOG (ae), FACOG (ae), Professor emeritus of Obstetrics and Gynecology, National and Kapodistrian University of Athens, Greece

D

George Daskalakis

Professor and Chair, First Dpt of Obstetrics and Gynecology, National and Kapodistrian University of Athens, "Alexandra" General Hospital, Athens, Greece

E

Jónína Einarsdóttir

Professor of Anthropology, Faculty of Sociology, Anthropology and Folkloristics, School of Social Sciences, University of Iceland

International Conference on Social Pediatrics and Children's Rights

Niki Elyasi, MD, Resident Pediatrician,
Children's Hospital Los Angeles

Gozde Ercan, MD, Attending Physician,
Ilhan Varank Training and Research
Hospital, Istanbul, Turkiye

G

Sarah Gander

Dr, Social Pediatrician and Lead of New
Brunswick Social Pediatrics, New Brunswick
Canada

Ioanna Giannopoulou

Assoc. Professor of Child and Adolescent
Psychiatry Faculty of Medicine, University of
Athens "ATTIKON" University Hospital

Jeffrey Goldhagen

M.D., MPH, Professor and Chief, Division
of Community and Societal Pediatrics,
University of Florida College of Medicine-
Jacksonville, President, International
Society for Social, Pediatrics and Child
Health (ISSOP)

Donald E. Greydanus

Emeritus Professor of Pediatrics and
Adolescent Medicine, Dpt of Pediatric and
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Medicine, Kalamazoo, USA

Geir Gunnlaugsson

MD, PhD, Pediatrician, Emeritus Professor
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of Iceland

H

Edith Haghazarian

MD, FAAP, Attending Physician, Children's
Hospital Los Angeles

Anders Hjerm

MD, Professor of Social Epidemiology of
Children and Youth at Karolinska Institute,
Stockholm, Sweden

J

Didier Jourdan

Professor and Chair of the UNESCO Chair
"Global Health and Education" and Head of
the WHO Collaborating Centre for "Research
in Education and Health"
Paris - France

K

Christina Katsagoni, PhD Dietitian - "Agia
Sofia" Children's Hospital

Donna Koller, Professor of Early Childhood
Studies - Toronto Metropolitan University
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Colleen Kraft

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Past President of the American Academy
of Pediatrics

Marinos Kyriakopoulos

Assistant Professor in Child and Adolescent Psychiatry 1st Department of Psychiatry-National and Kapodistrian University of Athens Vyronas-Kessariani Community Mental Health Centre Eginition Hospital

L

Gerison Lansdown

Founding Director of the Children's Rights Alliance for England,

Pagona Lagiou

Professor and Chair, Dpt of Hygiene, Epidemiology and Medical Statistics, School of Medicine, National and Kapodistrian University of Athens, Greece; Adjunct Professor of Epidemiology, Harvard T. H. Chan School of Public Health, USA

Stuart Logan

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M

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MD, MPH, Resident Pediatrician, Children's Hospital Los Angeles

Stefania Manetti

President of the ACP Italian Cultural Association

Angeliki Margariti-Andrews

Dental Surgeon PhD, Honorary Vice President LIFELINE Hellas
GSAM Ambassador for the development of youth friendly services and social emotional empowerment of young people

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Lilian Markaki

Psychiatrist, Board Member of the Hellenic Psychiatric Society & Medical Association of Athens, Greek Society for Adolescent Medicine/Health

Raul Mercer

MD | Coordinator of the Program of Social Sciences and Health at FLACSO

Rita Moraitaki Pikrou

President and Managing Director of the National Evaluation Center of Quality and Technology in HealthGSAM Committee Ambassador against violence of minors and Children Rights

Heracles Moskoff

Secretary General for Vulnerable Persons and Institutional Protection, Ministry of Migration & Asylum - Greece

N

Rita Nathawad

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Nefeli Papageorgiou-Karadima

History & Archeology student - National and Kapodistrian University of Athens-UNESCO/ GSAM Youth Council Member

Athina Passiou, Lawyer MSc and President of the organization THALPOS Mental Health, Ministry of Health

Eleni Petridou

Pediatrician, Social Medicine Specialist, M.P.H., PhD, Professor of Preventive Medicine and Epidemiology, National and Kapodistrian University of Athens

R

Shanti Raman

Director-Community Paediatrics South Western Sydney Local Health District

Laura Realì, ECPCP President

S

Robert Sacy

Professor of Pediatrics and Neonatology of Saint George University, President of ASSAMEH, BIRTH AND BEYOND, Carlos slim Pediatric center-Beirut, Libanon

Indulaxmi Seeni, MD Resident Pediatrician, Children's Hospital Los Angeles

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Nick Spencer

Emeritus Professor of Child Health, Division of Mental Health and Wellbeing-Warwick University Medical School - Past ISSOP President

Sarah Soto

Social Pediatrician - Colombia University faculty

T

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Stella Tsitoura

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Artemis K. Tsitsika

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V

Nikolaos Vlahos

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W

Mamduh Wahba

MD, Obstetrics and Gynecology, MENA Region Adolescent Wellness President. Egypt

Edda Weimann

Prof of Child Health and Public Health Medical Director, Munich, and Honorary Associate Professor, Cape Town

Michael Weitzman

Pediatrician, Professor of Public Health and Policy - New York University - U.S.A.

David Lee Wood

Professor and Chair - Dpt of Pediatrics East Tennessee State University, U.S.A.

Y

Tigran Yepoyan

Regional Health Education Advisor for Eastern Europe and Central Asia, UNESCO

Suleymann Yildiz

Pediatrician, MD, PhD, AFAMEE, MedEdu Enthusiasts, Adolescent Health, Heavy Metals - Nutrition, Dicle University - Turkey

Gonca Yilmaz

MD, PhD, Member of the executive committee of the International Society for Social Paediatrics and Child Health, Social and Developmental Pediatrician in training hospital, Ankara, Turkey, Postgraduate Degree in Social Pediatrics

Z

Theoklis Zaoutis

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Dimitrios Zafeiriou

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Naeem Zafar

President and Honorary CEO PAHCHAAN (Protection And Help of Children Against Abuse and Neglect). President, Pakistan Pediatric Association, Punjab

Youth Council

Konstantinos Andreou
Alexander Andrews
Filippos Archontovasilis
Nikolaos Baklesis
Nikolaos Christopoulos
Dimosthenis Despotidis
Eleni Pahnioti
Nefeli Papageorgiou-Karadima
Sissy Paschalidi
Smaragda Paschalidi
Ioannis Pitsakis
Andrianna Polymenakou
Ariadne Safari

Registration

For registration and information please send your email to: fmichalaki@medcongress.gr or [click here](#)

The deadline for early registration and abstract submission is July 31st 2024

Accommodation (please send your email to: fmichalaki@medcongress.gr)

1. Ilistia Hotel, (single room BB), 125€/per night, <https://www.ilisiahotel.gr/>
2. Golden Age, (single room BB), 140€/per night, <https://hotelgoldenage.com/>

Social Events

Opening Ceremony

The Opening Ceremony will be held on Friday, October 11th 2024, at the Grand Hall of Athens University, 30 Panepistimiou Str., at 20.30.

Wellcome Reception will follow at "Costis Palamas" building of the Athens University (48 Akadimias Str.), at 21.00.

Gala Dinner

The Gala Dinner will take place on Saturday 12th of October 2024, at 21.00, (venue to be announced)

Full day tours (for more information send email to fmichalaki@medcongress.gr)

- Athens City Tour
- Cape Sounion Tour
- Mycenae, Nafplion-Epidaurus
- Arachova & Delphi

Scientific Awards

1. G.S.A.M. "George Maragos" Award
2. "Origami Crane" Award - dedicated to Prof. Fani Roumelioti - Margariti

Youth Award – Hackathon SELMA 2024 Award

ISSOP/GSAM TRAINING WORKSHOPS (Nb. 1, 2, 3, 4)

Highly interactive workshops cover various health topics and how to respond, taking into account the specific needs of children and adolescents.

The participation to the workshops is free of charge, but participants need to register and acceptance will be made according to the order of subscription.

Certificates of participation will be provided from ISSOP, GSAM and NKUA.

Instructions for Abstracts

Please send your abstract by e-mail to the following address:

fmichalaki@medcongress.gr

- 1. The text should be written in Word document for Windows and should not exceed 250 words. Suggested font is Arial 10pt.*
- 2. Abstract Title : Use initial bold type letters for the title. The title should reflect the various aspects of the project.*
- 3. Authors : After the title, the name of the first author (presenting author) and co-authors will follow. Use initials for first and middle names, followed by the last name (do not type last name first), Underline the presenting author's name.*
- 4. Institutions: the list of authors names should be followed by the author's institutions), city, state or province and country.*
- 5. Skip a line between institution and text.*
- 6. At the end, full details of the presenting author must be mentioned (name, address, cellular phone and e-mail)*
- 7. You are kindly requested to note if you wish to present your paper as oral or poster presentation.*
- 8. All abstract will be reviewed by the Scientific Committee. Confidentiality of their contents will be respected by all members of the Committee.*